

### **Learning Objectives:**

- Explain the concept of sexual health, its normative nature and relation to sexual rights
- Discuss the relevance and limitations of health as a perspective on sexuality
- Discuss diverse factors affecting sexual health and related approaches to sexual health promotion

### **Recommended Readings:**

Aggleton, P., & Campbell, C. (2000). Working with young people--Towards an agenda for sexual health. *Sexual & Relationship Therapy*, 15/(3), 283-296.

Sandfort, T. G. M. (2006). Sexual health. In S. S. Gorin & J. Arnold (Eds.), *Health promotion in practice*, (pp. 222-253). San Francisco: Jossey-Bass.

Tiefer, L. (1996). The medicalization of sexuality: Conceptual, normative, and professional issues. *Annual Review of Sex Research*, 7, 252-282.